

## WHAT IS sexual assault?

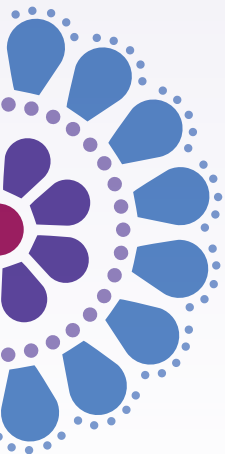
Sexual assault is any behaviour of a sexual nature that is unwanted or makes you feel scared or uncomfortable.

Sexual assault includes:

- sexual harassment
- unwanted touching or fondling
- suggestive behaviour or comments
- exhibitionism
- rape
- incest

If you are a victim/survivor of sexual assault, you are not to blame. It is always the responsibility of the person who has assaulted you.

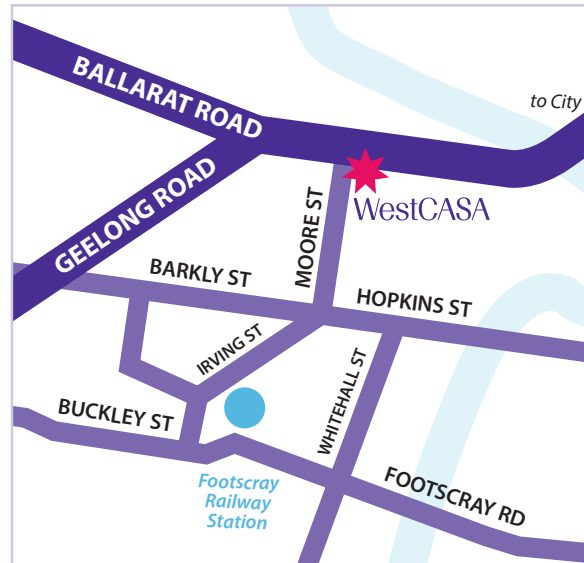
Sexual assault is a violation of basic human rights and therefore is a crime against the individual and society.



## we can HELP

- Call 9687 5811 for information, support and to talk about options for counselling.
- We have a range of helpful **information brochures** which can also be downloaded from our website.
- Services for children under 12 years of age: call the **Gatehouse Centre**, located in the Royal Children's Hospital, telephone 9345 6391.

## HOW TO FIND US:



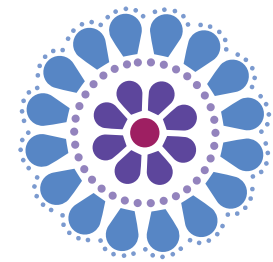
We are located at 53 Ballarat Road (corner Moore Street), Footscray (Melways map reference: 42 D3)

For details of public transport routes, phone Public Transport Victoria on 1800 800 007.



**WestCASA**

Western Region Centre Against Sexual Assault Inc  
ABN 29 351 352 921  
Postal: PO Box 443, Footscray, Victoria 3011  
Fax: 9687 8960



**WestCASA**

Western Region Centre Against Sexual Assault

A COUNSELLING SERVICE THAT AIMS TO FACILITATE THE HEALING OF VICTIM/SURVIVORS OF SEXUAL ASSAULT AND WORK TOWARDS THE ELIMINATION OF SEXUAL VIOLENCE IN OUR SOCIETY.

.....  
Counselling 9687 5811  
.....

After Hours Sexual Assault Crisis Line  
1800 806 292  
.....

Admin 9687 8637  
.....

[www.westcasa.org.au](http://www.westcasa.org.au)  
.....

[info@westcasa.org.au](mailto:info@westcasa.org.au)  
.....

Mon-Fri, 9 am - 5 pm  
.....

WESTCASA SERVICES  
are available to  
women, men and  
young people 12  
years and older who  
are victim/survivors  
of sexual assault.



*“You immediately get a sense of belonging and trust.”*

*“There is no awkwardness or patronising attitudes.”*

WestCASA is founded on respect for the rights of victim/survivors to:

- be heard
- be believed
- be treated with dignity
- communicate in their own language with an interpreter if necessary
- be treated with sensitivity and understanding
- have control over their choices
- be given relevant information about their options
- have confidentiality and privacy maintained.

WESTCASA OFFERS:

## COUNSELLING

Short to medium term counselling in a safe and confidential environment to victim/survivors of sexual assault.

Counselling for non-offending family members, partners and friends.

All counselling is free of charge.

All counsellors at WestCASA have specialist training and experience working with victim/survivors of sexual assault.

Appointments are offered in Footscray, Hoppers Crossing, Wyndham Vale and Melton.

After hours support from the Victorian After Hours Sexual Assault Crisis Line:  
1800 806 292 / 9687 5811.

## ADVOCACY

Information regarding legal options, other resources or services to support your needs.

Referrals to other services that may assist and support your recovery.

## TELEPHONE COUNSELLING & INTAKE

An intake worker is available Monday to Friday between 1.00 and 4.30pm. The intake worker can provide information and support over the phone.

You will need to speak to the Intake Worker to discuss your options for counselling.

## GROUP WORK

A number of support groups are run throughout the year by experienced facilitators.

## CONSULTATION

Secondary and clinical consultation is provided to other professionals in order to maximise the quality of care they give victim/survivors of sexual assault.

## EDUCATION & TRAINING

Information and education is provided to the community and tailored workshops and training sessions are available to professionals, groups and agencies in the western region.

## CRISIS CARE

The crisis care unit is situated within **Sunshine Hospital**. The unit provides a 24 hour link to WestCASA for recent victim/survivors of sexual assault who require crisis counselling and support.

WestCASA works in partnership with Victoria Police and Western Health to ensure victim/survivors get information and access to legal processes and medical care.

*“The atmosphere is calm and safe.”*



**WestCASA**  
Western Region Centre Against Sexual Assault