

what is sexual assault?

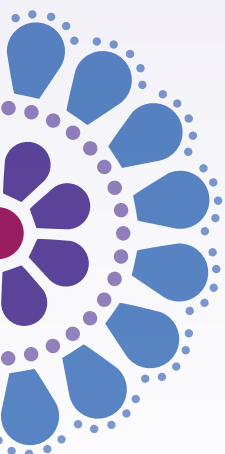
Sexual assault is any behaviour of a sexual nature that is unwanted or makes you feel scared or uncomfortable.

Sexual Assault includes:

- sexual harassment
- unwanted touching or fondling
- suggestive behaviour or comments
- exhibitionism
- rape
- incest

If you are a victim/survivor of sexual assault, you are not to blame. It is always the responsibility of the person who has assaulted you.

Sexual assault is a violation of basic human rights and therefore is a crime against the individual and society.



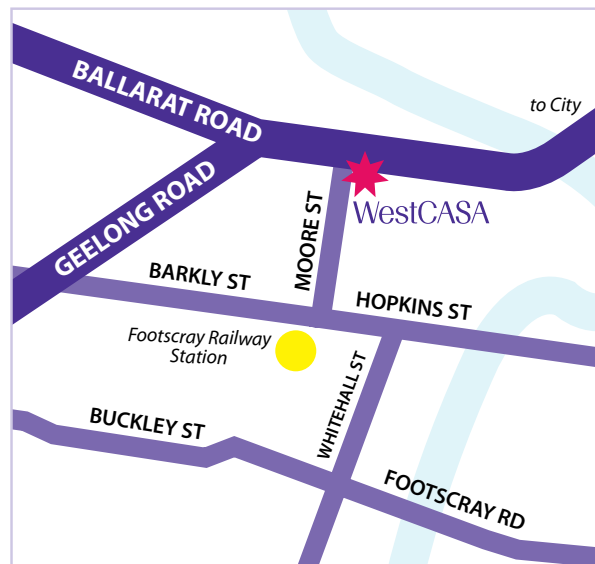
We can help

- Call 9687 5811 (Mon - Fri, 1pm - 4.30pm) to make an appointment to see a counsellor, free of charge. It is not necessary to give your name or personal details.

- We can give you helpful **information brochures** in a number of languages. A range of brochures can be downloaded from our website.

- Services for children under 12 years of age: call the **Gatehouse Centre**, located in the Royal Children's Hospital, telephone 9345 6391.

How to find us:



We are located at 53 Ballarat Road (corner Moore Street), Footscray (Melways map reference: 42 D3)

For details of public transport routes, phone Public Transport Victoria on 1800 800 007.



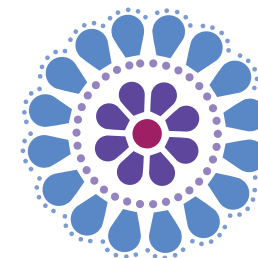
WestCASA

Western Region Centre Against Sexual Assault Inc

ABN 29 351 352 921

Postal: PO Box 443, Footscray Vic 3011

Fax: 9687 8960



WestCASA

Western Region Centre Against Sexual Assault

WestCASA is a counselling service that aims to facilitate the healing of victim/survivors of sexual assault and work towards the elimination of sexual violence in our society.

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Counselling 9687 5811
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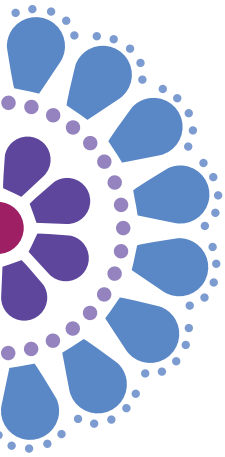
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After hours crisis line
1800 806 292
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Admin 9687 8637
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www.westcasa.org.au
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info@westcasa.org.au
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Mon-Fri, 9 am - 5 pm
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WestCASA is a counselling service that aims to facilitate the healing of victim/survivors of sexual assault and work towards the elimination of sexual violence in our society.

Our services are available to women, men and young people 12 years and older who are victims/survivors of sexual assault.

WestCASA is founded on respect for the rights of victim/survivors to:

- be heard
- be believed
- be treated with dignity
- communicate in their own language with an interpreter if necessary
- be treated with sensitivity and understanding
- have control over their choices
- be given relevant information about options
- have confidentiality and privacy maintained.

WestCASA offers:

counselling

Short to medium term counselling in a safe and confidential environment, free of charge, to victim/survivors of sexual assault and their families, partners and friends.

All counsellors at WestCASA have specialist training and experience working with victim/survivors of sexual assault.

Appointments are offered in Footscray, Hopper Crossing and Melton.

advocacy

Information and/or referral regarding legal, medical, financial and accommodation options for sexual assault victim/survivors.

telephone counselling & information

A duty worker can speak with you Monday to Friday between 1 pm and 4.30 pm.

After hours counselling from the Victorian After Hours Sexual Assault Crisis Line:

1800 806 292 / 9687 5811.

group work

A number of therapeutic groups are run throughout the year by experienced facilitators.

consultation

Secondary and clinical consultation is provided to other professionals in order to maximise the quality of care given to victim/survivors of sexual assault.

education & training

Information and education is provided to the community and tailored workshops and training sessions are available to professionals, groups and agencies in the Western Region.

crisis care

The crisis care unit is situated within **Sunshine Hospital**. The unit provides a 24 hour link to WestCASA for recent victim/survivors of sexual assault who require crisis counselling, medical assistance and/or legal information.